# Get your free flu shot

Don't take any chances—getting a flu shot is the first and best way to protect against influenza.

## Who should get the flu shot?

Everyone over the age of 6 months, according to the U.S. Centers for Disease Control.

## Where can I get the flu shot?

> Any in-network pharmacy. To find one, visit **premera.com.**

> From an in-network doctor. Your in-network primary care doctor is a good option.

## How much will it cost me?

If you go to an in-network doctor[1] or pharmacy,[2] your flu shot will cost you $0. Simply show your Premera member ID card.

For more information, contact Premera Customer Service at **800.722.1471**.

[1] If the flu shot is your only reason for your office visit, the visit will be fully covered. If you have other care or services as part of the office visit, you may responsible for all or part of the cost of the visit.

[2] You may need to pay up-front at your pharmacy, go to **premera.com** to download and submit a medical claim form to be reimbursed.

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