



– Business Health Trust & Premera Blue Cross –

Working Together to Bring You Wellness in 2022

The Business Health Trust benefit platform provides affordable, convenient and comprehensive employee benefit products through its Industry Health Trusts.

Based on the belief that the business community thrives when the whole community is healthy, Business Health Trust partners with Premera Blue Cross to offer medical benefits that support this goal.

Turn the page to check out what’s new from Premera Blue Cross in the 2022-2023 plan year for Business Health Trust’s Industry Health Trusts (shown below).



BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association



Premera Blue Cross has a history of helping generations of Washingtonians. Serving Washington state since 1933, Premera is a not-for-profit, independent licensee of the Blue Cross Blue Shield Association. We serve more than 2 million people – from individuals and families to members of Fortune 100 employer groups.

It is our purpose to improve our customers’ lives by making healthcare work better. Which is why we offer a rich set of tools and resources to help our customers manage both their healthcare and costs.



Support for Smart Healthcare Decisions

Premera plans include consumer web-based tools and health-support programs. They help employees maintain good health and change unhealthy behavior. All medical plans include these great support programs:

Find a Doctor Tool

Search doctors, clinics, cost estimates and more.

Virtual Care

Expanded in-network virtual care access to a variety of options through:

- **98point6:** Primary/urgent care, text-based
- **Doctor on Demand:** Primary/urgent care and mental health therapy
- **Talkspace:** Mental health therapy
- **Boulder Care:** Treatment for opioid use disorder and alcohol use disorder
- **Workit Health:** Treatment for opioid use disorder and alcohol use disorder

24-Hour NurseLine

Free, confidential health advice from a registered nurse, available 24/7.

Pregnancy and Newborn Support

BestBeginnings Maternity engages parents from pregnancy through newborn care with personalized tools and support that encourages discovering risks early.

Provider network built for value and quality

Premera Blue Cross offers a comprehensive network in Washington state. The Premera network of doctors, hospitals, and other healthcare providers is designed to offer ready access to safe, effective, high-quality care at affordable prices. Premera's strong relationships with its provider partners help maximize healthcare dollars by:

- Focusing on quality care
- Helping control rising medical and prescription drug costs
- Providing resources for improved healthcare

**More than insurance.
A resource.**

Business Health Trust helps Washington state's business community thrive by providing the high-quality, affordable employee benefits, policy advocacy and business resources that companies need to be competitive. To learn more about our medical plans, ancillary insurance and other business savings, visit www.businesshealthtrust.com.

Request a Quote

To request a Business Health Trust quote, please contact your insurance producer or broker and ask them for a quote through Business Health Trust. Don't have a broker? No problem. Contact us at (425) 201-1972 or quote@businesshealthtrust.com.



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