Flu season begins on Sept. 1 and continues through March 31.

How can flu shots protect your health?

The flu is a serious illness that can lead to hospitalization and even death. The Centers for Disease Control and Prevention (CDC) estimates from Oct. 1, 2019, to April 1, 2020, between 26,000 and 62,000 people in the U.S. died from the flu.[1] Flu can cause severe symptoms in people with chronic medical conditions such as asthma, diabetes or heart disease. And the CDC has cautioned about the need to minimize hospitalizations amid the COVID-19 pandemic.

By getting a flu shot and following preventive care and your community's social distancing guidelines, you're more likely to stay well this winter.

Asuris can help

Your Asuris medical or pharmacy benefits are here to protect you and your family.

- Preventive care flu shots are covered for many members. To determine your coverage, see the immunization section of your benefit booklet or call Customer Service at the number on the back of your member ID card.

- If you get your shot in a doctor's office, see your benefit booklet or call Customer Service to verify how office visits are covered.

- You may have to pay up front if you go out of the network. You can submit a claim, along with itemized billing and receipt, to us for reimbursement. The claim will be processed according to your benefits where deductible or copay may apply.

A flu shot doesn't reduce your risk of contracting the coronavirus. Wearing masks in public, frequent handwashing, social distancing and quarantining when symptoms occur are strongly recommended by the CDC until further notice.

Visit asuris.com for more information about flu and coverage for COVID-19.

[1] https://www.cdc.gov/flu/about/burden/preliminary-in-season-estimates.htm

Learn more. To find out more about your plan's preventive care coverage, call the Customer Service number or go to the Contact Us section at asuris.com.

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