

# Welcome to Kaiser Permanente, your partner for a healthy life

Your Kaiser Permanente new member welcome team is ready to help you make the most of your coverage and care. To get started, complete these 3 steps:

## 1 Register online

 [kp.org/wa/getstarted](https://kp.org/wa/getstarted)

Register to create an account as soon as you have your member ID number. Then you can sign on anytime to order prescriptions or check your account, use health and wellness resources, and much more.

## 2 Choose your doctor

 [kp.org/wa/find-a-doctor](https://kp.org/wa/find-a-doctor)

Use the provider directory to find Kaiser Permanente doctors as well as 9,000 other high-quality providers in our network. You can pick a doctor you like, and change at any time.


## 3 Transfer your prescriptions

 [kp.org/wa](https://kp.org/wa)

It's easy. Call our new member welcome team at the number below, and they'll help you transfer your prescriptions to your Kaiser Permanente coverage.

## Questions? Call our new member welcome team

Our dedicated team can help transition any ongoing care and prescriptions to Kaiser Permanente. We can also help you find a doctor, answer plan questions, and more.

 Call **206-630-0029** or **1-888-844-4607** (TTY 711).